



ANNUAL REPORT

2023

Celebrating **40 years**
of St Barnabas Hospice

every day *matters*



St Barnabas

Who are we?

St Barnabas Hospice is a local, independent charity which supports more than 12,000 people across Lincolnshire each year.

We deliver free, high-quality, compassionate end-of-life care and support to adults living with a life-limiting or terminal illness, their family, friends and carers. We aim to enable them to live as fully as they are able for however many days, weeks, months or years they have left.

2022/23 saw St Barnabas celebrate its 40th anniversary. Four decades of delivering hospice care is an incredible feat and over the years, we have been a lifeline for countless people who needed us.

A heartfelt **thank you** to everyone who has supported us over these many years. We are immensely grateful for every pound fundraised or spent in our shops, every hour of time given by volunteers, every item donated so we may sell it, and the numerous other ways people kindly support us.

We are thankful to be supported by the very community that we serve, and with 40 years under our belt we can't wait to see what the future brings!

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2022/23 has been an extraordinary year for St Barnabas Hospice.

We celebrated our 40th anniversary in style – with fundraising events, appeals and marketing outputs that have further cemented our status as being integral to Lincolnshire's community.

There have been many challenges along the way in the last four decades, not in the least the COVID-19 pandemic. Whilst we did remarkable things during the pandemic to ensure our patients received the best possible care and to keep our supporters engaged, we are all glad to be welcoming people back into our buildings.

In 2022/23 we not only opened our brand-new Wellbeing Centre in Boston (known as Novak House), but we also restarted services across all Centres, as well as completing a gigantic refurbishment of our Inpatient Unit in Lincoln.

After Covid, it is more apparent than ever that these physical bases are vital to patients and their families, our staff, volunteers, and supporters. We aim to further improve the buildings we are proud to call home and will continue looking at cost-effective and sustainable options.

However, we face further challenges in the form of the ongoing economic turbulence. With a cost of living crisis that unfortunately has not eased since the last Annual Report, we are juggling tight budgets with our big ambitions.

It is not all doom and gloom though. We have faced many difficult times in the past 40 years and just like we did then, we will get through this. The St Barnabas ship will weather the storm, and in the meantime the whole crew works together. After all – without our crew, where would we be?

On behalf of the Board of Trustees, I would like to extend our gratitude to everyone that has made up our 'crew' for the past four decades. Our sincere thanks to all current and former St Barnabas staff, volunteers, supporters, and those who have rallied behind our charity. With such a rich history, we look forward to many more years of serving the people of Lincolnshire.

Please enjoy this publication which is full of incredible achievements and no doubt you will be surprised, as I always am, at just how much good we can do in 365 days!

Tony Maltby
Chairman of Trustees

In memory of Helen Walker

On 11th June 1977, Helen Walker sat at the heart of a small committee gathered to explore the possibility of better end-of-life care in Lincoln. Little did they know they would go on to create a legacy that would touch hundreds of thousands of families across Lincolnshire.

The inaugural meeting marked the beginning of our beloved Hospice in name and spirit. Held on St Barnabas Day in June, the organisation was subsequently named after The Encourager.

Helen, Jenny Freeman, Sheila Briggs and Doreen Wood started fundraising to make their vision a reality and people dug deep

to support them. In 1982, St Barnabas Hospice finally opened its doors on Lindum Terrace in Lincoln.

Thousands of patients and families have somewhere to turn today because of the time, expertise and love of Dr Helen Walker and those who supported her. More families than ever before can rely on us, thanks to the kindness and dedication of our community over the last 40 years.



Our VISION

Our Vision is a world where dying with dignity, compassion and having choices is a fundamental part of a life.



Our MISSION

Our Mission is to ensure all individuals facing the end of their life in Lincolnshire receive dignified, compassionate care when they require it and where they ask for it.



Our VALUES

- Aiming High
- Being Courageous
- Working Better Together
- Having Heart
- Doing It Right



INCOME GENERATION

£135,500

WAS WON BY SUPPORTERS ON THE LOTTERY OR IN THE RAFFLE



£188,000

WAS RAISED FROM GIFT AID IN INCOME GENERATION ACTIVITIES

£667,960

WAS RAISED BY REGULAR LOTTERY, RAFFLE AND SCRATCH CARD PLAYERS

MARKETING



19,928

FOLLOWERS ON FACEBOOK, AN INCREASE OF 3%

5,593

FOLLOWERS REACHED ON TWITTER, AN INCREASE OF 1.3%



3,168

FOLLOWERS ON INSTAGRAM, AN INCREASE OF 13%

2,585 FOLLOWERS ON LINKEDIN, AN INCREASE OF 15%

* Figure included in Gift Aid in income generation activities.

RETAIL

£ 162,000

WAS RAISED FROM GIFT AID IN OUR CHARITY SHOPS*

£8,000

A WEEK WAS MADE BY THE WAREHOUSE SUPERSTORE IN ITS FIRST YEAR OF TRADING

962,000

ITEMS WERE SOLD ACROSS OUR 25 CHARITY SHOPS INCLUDING 9,000 SCRATCH CARDS.

£69,000

WAS RAISED IN RECYCLING OVER 300 TONNES OF ITEMS WE WERE UNABLE TO SELL

SUPPORT

859

NEW CLIENTS WERE SUPPORTED BY OUR COUNSELLING/BEREAVEMENT SERVICE



OVER

5,323

REFERRALS TO OUR WELFARE AND BENEFITS TEAM

£9,830,929

WORTH OF BENEFITS WERE REALISED BY OUR WELFARE AND BENEFITS TEAM

CARE

273

PEOPLE RECEIVED SPECIALIST INPATIENT CARE



3,306

PEOPLE WERE CARED FOR IN THEIR OWN HOMES

6,560

PATIENTS ACCESSED OUR OCCUPATIONAL THERAPY OR PHYSIOTHERAPY SERVICES

OVER

87,000

CALLS WERE HANDLED BY OUR PALLIATIVE CARE CO-ORDINATION CENTRE



WE RECEIVED

3,166

NEW PATIENT REFERRALS

VOLUNTEERS

72,342

HOURS OF VOLUNTEERED TIME WERE DONATED TO OUR CHARITY SHOPS BY 779 VOLUNTEERS



**OUR YEAR
IN NUMBERS
2022-2023**



Clinical and wellbeing

40 years of caring for those who need us

The outstanding care St Barnabas provides its patients is what makes our charity so special. With four decades of supporting palliative and end-of-life patients, we are the local experts that set the standard for palliative care in the County.

We saw a significant upturn in the number of patients receiving our care in their own homes, from **2,905** people in 2021/22 to **3,306** patients this financial year. It is becoming more apparent that people prefer to remain at home for as long as possible, opting to go into our Hospices if their needs become too complex to manage.

In the aftermath of the pandemic staff, volunteers and patients have remained alert to the COVID-19 virus and its effects. For this reason, our clinical teams continued wearing face masks and taking preventative measures for much of the 2022/23 year. Measures such as increased hand sanitising stations are still in use and will remain so for the foreseeable future. St Barnabas wants to ensure the safety of everyone, despite these measures no longer being mandatory.

The specialist dementia care service that was commissioned the previous year has been expanded upon, with two nurses

currently delivering this vital care in patients' own homes. In line with St Barnabas Hospice's aim to provide holistic care for the whole family, these clinicians support not only dementia patients but also their loved ones.

June 2022 saw the grand opening of our Wellbeing Centre in Boston, named Novak House after local entrepreneur Stefan Novak who left us a generous legacy gift.

None other than Boston-born Professor Sir Jonathan Van-Tam was the one to officially declare the building open. Novak House has become a thriving community hub, with multiple support groups running on a weekly and monthly basis. These include Coffee Mornings, Bereavement Cafés, Creative Wellbeing Groups and support groups in collaboration with other charities such as the MND Association and breast cancer charity Breast Friends.

Nigel Brasier, attendee of weekly Coffee Morning and host of the MND Support Group said:

"I find Novak House a very calming place with very friendly and helpful staff. I keep coming back because I get so much from making people smile during difficult times, which in turn also helps give me a lift."



Our other Wellbeing Centres have also fully reopened their doors to the public and are hosting regular groups and classes to support local patients, their families, and carers. The Centres are also where many counselling and bereavement support sessions take place, and we continue to offer these services via telephone or video calls for those who feel more comfortable in doing so. We also offer a Bereavement Helpline which offers people time to talk about their grief and how it might be affecting them.

The St Barnabas Wellbeing Team have taken **6,500** referrals into the service and contacted each and everyone within four days of the first contact. This thriving and essential part of St Barnabas Hospice care is growing year on year.

The Spiritual Care team have created new spiritual sanctuaries in each of our Wellbeing Centres to provide an inclusive space for reflection for all faiths and none – the spaces include prayer mats, beads, mandalas, compasses and copies



I love my job because I get to see the positive, tangible effects we make on people's lives everyday.

"Myself and the whole 'Hospice at Home' team support people within their own homes, across the South-East community of Lincolnshire.

"Each and every day, we help to manage our patient's physical, psychological and emotional symptoms. It's extremely rewarding and I love every second."

Danny Chester
Staff Nurse

of faith and religious texts, mindfulness resources, crystals and candles. This has been a welcome addition to the sites, and well utilised by patients, families, staff, and volunteers.

The small, but mighty Welfare and Benefits Team continue to offer essential support to patients and families throughout the year including applications for food vouchers, working with energy suppliers on special rates and other organisations to provide support with cost of living/hardship, which has been so prevalent this year.

The Counselling and Emotional Support team, supported by volunteer counsellors, trainee counsellors and bereavement workers have provided **2,900** patients, families, and bereaved clients over **2,500** hours of face to face, Zoom and phone support. The department was also successful in securing a Hospice UK Grant to set up counselling and bereavement support at HMP North Sea Camp.

Finally in collaboration with the Integrated Care Board, St Botolphs Church and Centenary Church, St Barnabas hosts the Boston Community Connector Role, providing community and wellbeing support to the Boston Area.

BEAM Cafés which welcome 20-30 people every session, and other community activities, are supporting people with mental health needs, providing volunteer opportunities and helping people find the support they need.



Our people

Four decades of incredible staff and volunteers

Our Hospice has been ranked as the number two charity to work for across the UK, beating many national organisations to this lucrative position.

St Barnabas' second place charity ranking has risen thirteen places in the space of a year, with the Hospice positioned higher than national charities such as PDSA, Youth Sport Trust and The Charity for Civil Servants. It places us as an 'Outstanding' organisation to work for, for the second year in a row.

As well as our success on the charity list, St Barnabas has also ranked as the **7th** best company across the East Midlands and the **27th** best large company in the whole of the UK.

Our workforce of **283** staff members is made up of **87%** females, with over **40%** of staff having stayed with the charity for more than five years. The survey found that **91%** of staff agreed their team is fun to work with, with **78%** agreeing that the experience they gain from their job is valuable for the future.

Lisa Phillips, Director of People and Education said:

"We are over the moon to have achieved such fantastic rankings in this year's Best Companies league tables, and these are a credit to the work we have done as a collective to ensure staff are looked after and listened to.

"We continue to follow our ambitious workforce strategy which focuses on inclusion and diversity and overall workforce wellbeing and experience. This is all helps to continue to make St Barnabas an outstanding place to work"

New Starters

Recruitment remained buoyant during this period with **55** permanent roles being recruited to across the Trust.



My first thought was to get some work experience through volunteering. But when I found out more about the Hospice, it made me more passionate about it.

"I always remember that without my transplant I might have needed their care.

"I always say when one door closes, another door opens, and I'm glad it was the Hospice shop door for me."

Stephen Currie
Volunteer



Volunteers

Stephen is one of **1,267** volunteers who supported St Barnabas in 2022/23. Simply put, the Hospice would not function or thrive without them.

The Volunteers are involved with **32** different roles, from gardening in our therapy outdoor spaces, retail, bereavement support to administration in Fundraising and offering care and compassion to families in our Inpatient wards.

Many of our Volunteers are helping us year on year, but 2022 saw a huge **326** people join us for the first time.

Recruitment

Campaigns have increased to enrol more people to help our thriving shops and fundraising events.

What's more, with the relaunch of our Wellbeing Centres after Covid restrictions and the launch of the brand-new Boston Wellbeing Centre, volunteer recruitment and retention has been a vital part of the process.

2022 saw our charity retail offer revitalised too, and has been bolstered by Volunteering roles, instrumental in the success of the shops growth. In fact, the volunteers gifted **80,305** hours to Shops and our Inpatient Units alone.

Fundraising

Invaluable support from the community

2022/23 saw a year of 40th Anniversary Celebrations from community led events, to displays at Lincoln Cathedral, Christmas spectaculars and the launch of our most ambitious fundraising and general awareness campaign to date – the HeART Trail.

The third Ironwork Appeal, Forever in our Hearts launched in February with special guests, and our patron, Warwick Davis.

The appeal topped in excess of **£100,000** from **1694** bespoke ironwork heart sales and the attendance at the Twilight displays of the hearts at Lincoln Cathedral.



With great success, also came sadness as the wonderfully talented blacksmith Stefanos Tampouras of The Old Smithy sadly died.

Stefanos and his wife Ros have been truly wonderful supporters of St Barnabas since we spoke to them back in 2019 with our vision to launch our first ironwork appeal – Forget Me Not at Lincoln Castle. He then brought to life the flight of the Dragonfly at Doddington Hall and Gardens, during 2020, where despite Covid, he single handedly produced over **3,000** Dragonflies with support from Ros who was on painting duty for both appeals.

Collectively these very special and poignant appeals have raised a staggering **£318,724** for Hospice care in Lincolnshire and we couldn't have achieved this without the incredible support from Stefanos.

Christmas

The Hospice's annual Light up a Life, Rudy's Run and Tree-cycle appeals brought in a staggering total of **£95,134**, with the charity's sales and bucket collections at the Lincoln Christmas Market raising a further **£4,363**. On top of this, an influx of cash donations came in throughout the festive period – taking the total raised to over **£100,000**.

Light up a Life is St Barnabas' biggest yearly fundraiser, which sees thousands of people dedicating a light in memory of loved ones. These lights shone brightly on our Tree of Life, a 30-foot Christmas tree located in front of Lincoln Cathedral throughout the holiday period.

1,265 people dedicated a light, with **875** torches and lanterns purchased during the Torchlight Procession. Together, this campaign raised an incredible **£44,987**.

Rudy's Run

The school friendly fundraiser saw **65** schools, nurseries and social groups such as Scouts and after-school clubs take part in throughout December.

Over **7,400** children of varying ages were given activity books to inspire them and play with, and they ran, walked, skipped, danced or pranced to raise money for St Barnabas, wearing antlers and a red nose – just like Rudy the reindeer!

A total of £16,752 has been raised through Rudy's Run.

Ellie Carter, Fundraising Officer and Rudy's Run lead comments:

"We loved seeing the children have so much fun while also making a huge difference for people in their community! Rudy personally dropped off the activity packs, antlers and noses, and he spreads joy wherever he goes. He is now back at the North Pole, and can't wait to see all the children again next Christmas."

Lincoln Christmas Market

The market which ran from 1st until 4th December, saw an estimated **300,000** people attend. This year, St Barnabas was honoured to have been chosen as the Market's very first Charity Partner, with both organisations celebrating their 40th anniversary year.

We were given a wooden cabin in front of our Tree of Life to sell a selection of gifts, including our special anniversary gin and rum by Pin Gin and coffee blend by The Lincoln Tea & Coffee Company. With thanks to City of Lincoln Council for choosing St Barnabas.

Tree-cycle

Our annual event returned, offering individuals and businesses tree collection from their front door, in return for a donation to the Hospice. Unpotted trees get chipped, which can then be turned into fuel for biomass boilers or mulch for gardens. Potted trees are replanted and given a new lease on life.

This green campaign proved to be even more popular than ever before, with our elf-volunteers collecting **1,552** trees around Lincolnshire and raising a tree-mendous **£33,395**.



The profits of the special St Barnabas Ruby coffee blend will go straight to the organisation, helping palliative and end-of-life patients and their families.

The Hospice partnered with The Lincoln Tea and Coffee Company, and developed a special coffee blend to promote their 'Care for a Cuppa' fundraising campaign.

Founder Susie Carlisle feels passionate about supporting St Barnabas Hospice, having been involved in previous campaigns such as the dragonfly and heart appeals, and is excited to be part of Care for a Cuppa.

"In our business, it is something we already do - we often sit down with a cup and have a chat. We know the power of a cup of tea or coffee and how much talking to a friend or relative can mean. It's something we really want to share, and this campaign was perfect for us."

Chris Dunkley, Fundraising Officer and project lead on Tree-cycle, said:

"The take-up has been incredible; we were able to visit even more locations around the county than before thanks to increased support from our volunteers."

Colour Dash

We hosted our 6th, and final Colour Dash in May welcoming **1,600** people to the Lincolnshire Showground. The Colour Dash has been one of the most popular fundraising events in the Hospice's history, raising more than **£800,000** to fund vital patient care across Lincolnshire with **17,000** people taking part over the eight years.

Toubkal Trek

A trip to Morocco to climb Mount Toubkal saw **18** supporters raise an incredible **£48,000** between them through sheer determination, proving St Barnabas Challenges are another appealing, and fruitful fundraising opportunity going forward.

On Saturday 4th March, the world-famous **Morrison Orpheus Choir** performed at Lincoln Cathedral for the fourth time in support of St Barnabas Hospice, raising **£27,500** in ticket sales and generous donations by the concert attendees on the night.



Retail

Offering bargains across the county

Despite the cost-of-living crisis and increase in interest rates, 2022/23 resulted in a fantastic year for retail, with strong growth and a noticeable reduction in costs, resulting in record profits.

This was a direct result of the implementation of the consultation restructure of the business and focusing on the 'back to basics' trading model set up in 2021.

St Barnabas Hospice's flagship charity shop The Warehouse in uphill Lincoln celebrated its first year in business on 10th February, and what a year it's been – over **120,000** items were sold, generating **£410,000** in sales, which goes towards supporting hospice care.

With over **5,000** square feet of shopping space, The Warehouse is choc-a-bloc with great items at low prices, including clothing, homeware, furniture, vinyl records, books and much more.

You will also find a display unit highlighting items currently on auction on the St Barnabas eBay shop, as well as racks of pre-loved, branded vintage items on Depop.

Emma-Jayne Parker, manager at The Warehouse, says:

"We have been blown away by the incredible support given to us since we first opened our doors. People of all ages and interests visit us and find great bargains, and it's not just those who live locally, but also further away in Lincolnshire.

"We have many regulars coming to The Warehouse to browse our thousands of items, as the stock is constantly changing thanks to the high-quality donations we receive. If you would like to drop off donations, you can book a slot online via our Book and Bring system so we know when to expect your items."



The first First Kilo Sale, was held at the Waterside Shopping centre, during the 'Sustainable Fashion Week. Supporting the weeks four themes of Rewear, Repurpose, Regenerate and Reconnect, over **£1,000** was raised.



The Vintage Warehouse Lock-In raised over **£3,000** with special guest, influencer Charity Shop Girl.

During The Warehouse's first ever public Lock-in, shoppers were able to browse exclusive stock along with a Christmas section full of gifts, decorations, clothing and much more.

More than **600** items were sold in just two hours, raising over **£3,000** to support St Barnabas' mission to bring high quality, compassionate and dignified care to those who need it in Lincolnshire.



Make sure to go into your local St Barnabas charity shop to get some great bargains and shop more sustainably.

"The Lock-in event was so much fun! It's great to see so many likeminded people here who love shopping sustainably and share that same passion for keeping perfectly good items out of landfill.

"I've picked up some great pieces, and some even have their tags still on so they're brand new!"

Jennifer Graham, Charity Shop Girl Influencer

Special guest Jennifer Graham, better known by her social media name Charity Shop Girl, was in attendance to share her passion for sustainable shopping and supporting charities.

Caroline Peach, Head of Retail at St Barnabas Hospice, commented:

"It was such a wonderful event, the feedback has been incredible, and we raised over £3,000 which is a real testament to the quality of our donations, which we are very grateful for. A huge thanks to everyone who came along, we will look at organising more Lock-in events in the future and we look forward to the continued support of local shoppers."





Lottery

26 years of lottery and raffle wins

Over the course of this year, the weekly lottery has continued to be a huge income stream for the Hospice, giving supporters the chance to win a share of the draw each week, whilst supporting local palliative care. Our Lottery team has also now become more closely integrated within the Fundraising department, which has had a positive impact on growth across the income streams.

Our scratch cards have continued to be hugely successful, with our popular 'Lucky in Love' wedding day favour offering being highly supported throughout the year.

Celebrating the Hospice's 40th anniversary, our Spring and Summer Raffles gave supporters the opportunity to win a share of amazing prizes, whilst generating further income.

Many supporters have donated on top of purchasing lottery and raffle tickets, and a number of generous supporters have donated their winnings back to the Hospice too.

£529,237 was brought in purely from the weekly draw.

£51,620 was raised in ticket sales for our Winter and Summer raffles, with over **2,000** people buying tickets for these raffles.

£ 667,960 was raised through the weekly draw, raffles and scratch cards

£ 10,958 was made from selling our **£1 scratch cards** which were sold in shops and online.



St Barnabas made an unbearable situation as bearable as it could be and I will always support them.

Janet was elated with her first £1,000 win in 2019 and split the 'grand' prize between her two children. She is planning to do the same again this time, after winning a second £1,000 in the weekly St Barnabas Lottery.

"Trev was the loveliest of husbands and a devoted father to our children Hannah and Joe. He had a great sense of humour, was universally liked, respected and loved by all his family. He loved fishing and walking our dogs, something he truly missed as his health got worse.

"The care he received from St Barnabas in the Hospice was fantastic, nothing was too much trouble. The staff were so kind and understanding with everyone, not just him, but the whole family.

"After he died, I attended group counselling sessions through St Barnabas which has really helped me cope with this tremendous grief."

Janet Wilson
Lottery Player

Marketing

From traditional to digital

The department has embraced a trust wide marketing plan celebrating all clinical and income generation activities. They produce all materials to support campaigns, appeals and strategy work and are key to the innovation of new projects. Most recently, the team have worked to digitally transform messaging to donors through further development of e-communications and social media.

The team continue to embrace new retail, in memory and lottery initiatives leading to increased income and national recognition.

The Marketing department spoke to 40 people, who since 1982, have each played a pivotal role in growing St Barnabas into the organisation it is today. Past and present Clinicians, Founders, Trustees, Volunteers and supporters each told their unique stories, which were accomplished by a stark portrait of themselves, capturing their humanity and personality. '40 Faces of hospice care' has proved to be a successful piece of awareness communications, which has seen large numbers of people engaging with each story on a weekly basis on our social platforms, as well as the digital national newsletter, eHospice.

Marie is the perfect example of a Hospice ambassador, with 39 years' service to St Barnabas in supporter care. The Marketing department have loved to shine a light of the people that make the Hospice such a warm, special, and inspiring place to work.


A new direction

With the increasing number of campaigns, 2022 saw a streamline approach to the marketing strategy with combined, seasonal appeals Make Christmas Matter and Spring Forward. This showcased the range of income generation offerings on offer under one umbrella. Early statistics show great results, with increased engagement through digital media.

This year, (2022/23) compared to (2021/22), our social media audiences have increased,

 **Facebook**
19,928 – increase of **3%**

LinkedIn **2,585** increase of **15 %**

 **Instagram**
3586 increase of **13%**

Twitter **5,593** increase of **1.3%**



I'm often asked why I stayed so long, and it's simple really. It's because of the care given to patients and families.

"The end product can sometimes get overlooked when you're flat out dealing with donations day in and day out. But then I'll read a note attached to a cheque and remember why I always want to be a part of St Barnabas."

Marie Pattison
Supporter Care Officer





Finance, Estates and IM&T

A transformative year

With the cost-of-living crisis and the War in Ukraine, 2022/23 has seen costs increase, yet again for St Barnabas. However, the Finance team have continued to work with all areas of the organisation to reduce spend where possible, whilst maintaining outstanding clinical care and opportunities for growth and income generation.

The IM&T Team have upheld their integral support for the organisation with six new areas of focus throughout the year benefiting the Wellbeing Centres, all staff and our shops.

- An introduced Sophos MDM (Mobile Device Manager) and Endpoint Security for mobile phones, laptops and desktops.
- An upgraded the network infrastructure across all shops.
- 3CX phone system migration to new supplier and introduced a more stable hosting platform.
- NHS Mail migration and achieved certification for secure St Barnabas Hospice emails.

- Digital Signage - Introduction of Xibo to the organisation for use by the Marketing Department.
- Continuous hardware roll outs and security improvements.

Finally, Estates have continued their efforts to maintain and upgrade all clinical and non-clinical sites.

This can be seen most noticeably with the the opening of the brand-new Novak House, Boston. What used to be a fading bungalow unfit for purpose is now a beautiful sanctuary that offers space to relax, socialise, and attend appointments for St Barnabas patients and their families in the south of Lincolnshire.

The new centre has both treatment and therapy rooms as well as a garden room where exercise sessions and counselling can take place. Unlike St Barnabas' Inpatient Units in Lincoln and Grantham, this building has no beds but offers patients who have been diagnosed with life-limiting illnesses a place to access well-being support and helps patients to live well for longer.

The building is named Novak House after local philanthropist Stefan Novak.

He left almost **£500,000** to St Barnabas as a legacy gift in his will in 2019 after his wife was cared for by a hospice in London. The total build and renovation costs for the wellbeing centre totalled £1 million and wouldn't have been possible without the generosity of almost **900** local people who gave to our Wellbeing Hub Appeal – thank you.

Professor Sir Jonathan Van-Tam, who attended the opening said:

“It is really going to be an improvement for people of the Boston area, and I’m very proud to be associated with it. Thank you to all the benefactors, the big ones and the small ones. You’ve all made an enormous difference.

“I also hope that the centre goes from strength to strength and really becomes an important kind of beacon of hope in the community in the years that come.”

Then work started on our Inpatient Unit, Lincoln, which saw a five-month renovation programme to meet new health and safety measures as well as a significant upgrade of the interior of the building for the benefit of patients, visitors and our staff. The investment cost £1.2 million and has future proofed the 11 bed Unit for the coming years. The space is now modern, welcoming and includes a brand-new conservatory space for patients and their families to relax.

The Estates continue their plans to upgrade Grantham Wellbeing Centre, with work set to start in May 2023.

Consolidated statement of financial activities

	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income from:				
Donations and Legacies	2,749,665	172,607	2,922,262	2,581,679
Charitable activities	5,906,155	-	5,906,155	7,183,069
Other trading activities	3,668,661	30,247	3,698,908	3,604,460
Investment Income	369,652	-	369,652	285,663
Total Income	12,694,123	202,854	12,896,977	13,654,871
Expenditure on:				
Raising funds	3,879,037	-	3,879,037	3,217,685
Charitable activities	9,169,299	245,035	9,414,334	9,101,128
Total expenditure	13,048,336	245,035	13,293,371	12,318,813
Net income before net gains on investments	(354,213)	(42,181)	(396,394)	1,336,058
Net gains on investments	(74,485)	-	(74,485)	413,909
Net income before taxation	(428,698)	(42,181)	(470,879)	1,749,967
Taxation	-	-	-	237
Net movement in funds	(30,602)	(42,181)	(72,783)	1,750,204
Reconciliation of funds:				
Total funds brought forward	18,013,099	2,214,529	20,227,628	18,477,424
Net movement in funds	(30,602)	(42,181)	(72,783)	1,750,204
Total funds carried forward at 31 March 2023	17,982,497	2,172,348	20,154,845	20,227,628

Consolidated statement of cash flows

	2023 £	2022 £
Cash flows from operating activities		
Net cash used in operating activities	349,477	1,106,772
Cash flows from investing activities		
Dividends, interests and rents from investments	369,650	285,642
Proceeds from the sale of tangible fixed assets	-	236,140
Purchase of tangible fixed assets	(1,634,491)	(1,197,536)
Proceeds from sale of investments	1,661,304	5,997,871
Purchase of investments	(1,673,715)	(7,766,004)
Proceeds from sale of investment property	2,300,000	-
Net cash provided by (used in) investing activities	1,022,748	(2,416,887)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	1,372,195	(1,310,115)
Cash and cash equivalents at the beginning of the year	2,306,717	3,616,832
Cash and cash equivalents at the end of the year	3,678,912	2,306,717

Consolidated balance sheet

	2023 £	2022 £
Fixed assets	16,231,295	16,972,303
Current assets	5,370,407	4,520,018
Creditors	(1,446,857)	(1,264,692)
Net current assets	3,923,550	3,255,326
Net assets	20,154,845	20,227,629
Accumulated funds		
Unrestricted income funds		
Fixed asset fund	5,583,011	3,839,975
Revenue reserve	3,045,061	4,391,627
Revaluation reserve	775,095	194,696
Investment Reserve	7,754,330	7,886,801
Designated Fund		
Grantham Wellbeing	275,000	200,000
Inpatient Unit	-	1,400,000
Lincoln Wellbeing	400,000	100,000
Boston Shop Relocation	150,000	-
Restricted Fund		
Boston Wellbeing	643,348	664,210
Fixed asset fund	1,475,509	1,522,542
Other Restricted Funds	53,491	27,778
Total Funds	20,154,845	20,227,629

A message from our Chief Executive



The last year saw us reach our 40th birthday at St Barnabas Hospice. This is a truly remarkable milestone and a wonderful legacy of all those who have supported the hospice throughout this time. From small beginnings, with the staggering support of the people of Lincolnshire, we have undoubtedly changed thousands of lives.

The last year has seen us face challenges as a result of the COVID-19 Pandemic, and the War in Ukraine. As an organisation who serves the wonderful Lincolnshire community, we have worked hard to maintain our services throughout such a difficult time.

Over the last year, we have provided more services within our Wellbeing Centres, contributing to the re-emergence of our wonderful sense of community. This is largely thanks to our dedicated Volunteers who do so much for the hospice.

We have also seen the impact of the cost-of-living crisis on individuals, their families and thus, the challenges people face to donate money. Despite this, we have also seen the people and businesses of Lincolnshire do so much to support us in the face of financial challenge. We are nothing without our supporters and this is so evident in such challenging times. Our resilience as an organisation is supported by the people and businesses in which we are surrounded by, attributing to the true quality of our county.

St Barnabas Hospice has continued to provide a variety of care and support from our inpatient beds and community services. We have provided welfare and benefits support, counselling, dementia care services, in line with the Acute trust and more. It has been a remarkable year of providing the highest quality end of life and palliative care services.

The year ahead will see us expand our impact, care for more people and change more lives with the excellent services we provide. We will continue to provide the highest quality care and support for our patients and their families, whilst aiming for excellence in all we do. I look forward to another year working with the wonderful St Barnabas community.

Chris Wheway
Chief Executive





We would like to say a special thank you to those who have supported the Hospice this year. From sharing stories to volunteering and fundraising, participating in our events and initiatives, joining our Lottery, buying from our charity shops and helping spread awareness of our care across Lincolnshire.

StBarnabasHospice.co.uk



@StBarnabasLinc



StBarnabasLinc



@stbarnbashospice

36 Nettleham Road
Lincoln
LN2 1RE

01522 511 566
enquiries@stbarnbashospice.co.uk