FAQ'S – Fire/Lego Walk 2023 – St Barnabas Hospice.

AGE RESTRICTIONS?

You will see from the FAQ's provided by UK firewalking that they normally go with the age limit of 12+ for the Fire walk. However, St Barnabas hospice for the purpose of the event taking place on the 7^{th} Of October 2023, will be changing this to 16+, as long as under 18's are accompanied by an adult on the day of the challenge.

The Lego walk is open to all adults and children who are 5+ years of age.

WHERE IS THE EVENT TAKING PLACE?

This will be taking place at Bishop Grosseteste University (Address: Longdales Rd, Lincoln LN1 3DY) Only certain area of the building will be available to you and information on this and a map of the site will be provided to you nearer the time.

IS THERE PARKING AND TOILETS ACCESSIBLE ON SITE?

There are plenty of toilets and car parking facilities available to you at the venue (Bishop Grosseteste University) However, On the night we are limited to 101 car parking spaces. With that, we encourage that if you are attending with family and friends that your car share where possible and bare this in mind when planning your journey. If, when you arrive you are informed the car park is full, there are other alternative parking available to you.

Alternative parking:

- Yarborough Leisure Centre. Lincoln, Lincolnshire, LN1 3PT
- Street parking on, Lee Road and Mainwaring Road both of which are a 1.1 Mile drive from the university and easy to find on google maps.

Please bear in mind that this is a residential area and look out for residents/pedestrians in the area when manoeuvring your car from the car park.

WILL THERE BE FOOD AND DRINK AVIALBLE ON THE DAY?

Yes, we will have hot and cold food and drinks available to you for purchase, this is not included into the cost of your signup fee.

WILL THERE BE ENTERTAINMENT?

We hope to make a day of this challenge, bringing the community together. We will have various stalls for you to shop at and entertainment which will be confirmed with you nearer the time following your registration to the challenge.

WHAT DOES MY REGISTRATION FEE INCLUDE?

Each participant will receive email updates with fundraising hints and tips and support from the event lead leading up to and on the day of the event.

Two weeks prior to the event, your information pack will be emailed to you. Please make sure that your emergency contact information is correct when registering and if for whatever reason this changes, ensure you inform us before the day of the event.

If you have purchased a cotton tee when registering to this challenge, you will receive this on the day of the event when you register. You can either wear this over your clothes or change in to using the bathroom facilities on site.

When you have completed the challenge St Barnabas Staff and Volunteers will be there at the finish line to reward you with a medal.

Once we have received all monies, participants will be issued with a thank you certificate.

WHAT IF IT RAINS?

If it rains the Lego walk will be moved inside and this will still be able to go ahead. If it is raining and too windy, as a duty of care we must cancel/postpone the fire walk. If we are expecting bad whether we will monitor this and inform you of any decision that are made, as soon as possible.

Can I bring my dog?

Sorry no dogs are allowed on the premises.

Can friends and family come and watch?

Spectating is free! There is plenty of things to do while you are there and there will even be a chance for them to pay for and participate in the Lego walk which is open between 5:30pm-6pm so please do invite all of your friends and family to watch!

Can I volunteer?

Want to get involved, but don't want to brave the flames of walk the Lego walk? Why not become a volunteer? We have plenty of roles available and would love to have you on board.

Do I need to raise sponsorship?

Yes, yes only if you are participating in the fire walk. Lego walk comes with no sponsorship requirements.

Once you have paid your Fire walk registration fee, we ask that you pledge a minimum sponsorship of £100. The event registration fee only covers the cost of putting on the event and all funds raised will go directly into patient care.

102.06 Allows us to provide 7 hours of hospice at home care, providing care and support in the comfort of someone's home.

£111.96 pays for our bereavement helpline to run for 2 days so we can give urgent support to those struggling with their grief.

£137.44 pays for a doctor to spend time working out a personalised pain relief medication plan for 2 patients.

How do I pay my sponsor money?

JustGiving is the easiest and most hassle-free way to collect your sponsorship money, it is a simple way to spread news of your fundraising efforts to everyone you know and also eliminates the need to chase up of pledged sponsorship after the event. A link and instructions on how to set this up will be sent to you in your 'welcome email'.

If you would like to donate your £100 directly, you can do so by self-funding when registering your place.

If you need any help with your fundraising, the team are always on hand to help. Email fundraising@stbarnabashospice.co.uk or call 01522 540 300.

Can I cancel or transfer my place?

If you cannot attend the Fire walk/Lego walk you must contact the Fundraising team as soon as possible and we will do all we can in supporting, you. However, we will not be able to transfer your place to the 2024 fire walk/lego walk as we are not in the position to confirm nor deny if this will be happening at this moment in time.

In extreme circumstances we may discuss with you the option in transferring your place to a friend or family member but will only be able to do so if enough notice is given.

The sign-up fee for both fire walks and Lego walk is non-refundable.

Terms and conditions – Fire Walk/Lego walk 2023

CANCELLATIONS/REFUNDS

In the unforeseeable event that the Fire Walk cannot take place on Saturday 7th October 2023, every attempt will be made to rearrange the date.

You are not permitted to use any of the sponsorship money you raise to pay for your expenses. Our recommended method of collecting sponsorship money is by setting up a JustGiving page. Should you use a sponsorship form, you must pass sponsorship monies, together with the form, directly to St Barnabas Lincolnshire Hospice, 2 weeks after the fire walk/lego walk and this will be the week commencing 23rd October 2023!

If you do not pass all the money that you raise to St Barnabas Lincolnshire Hospice, you may be committing a criminal offence.

ALCOHOL

Alcohol will not be served nor provided on the premises of the fire walk and we to ask that you do not bring any on site or arrive to the fire walk/ Lego walk under the influence.

Entry will be refused to anyone who is under the influence of alcohol or other substances.

You cannot participate in the fire walk or Lego walk if under the influence and if we believe you are under the influence we can remove you from this challenge and ask you to leave.

HEALTH AND SAFETY/MEDICAL CONDITIONS.

Throughout the event of the fire walk/ Lego walk, there will be 2 St Johns Ambulance first aiders provided by St Barnabas Hospice Lincolnshire.

Everyone takes part at their own risk. If you have any medical conditions which may affect you during this event, please consult your GP. St Barnabas Lincolnshire Hospice shall not be liable for any injuries, loss or damages whatsoever including indirect, punitive, special, incidental or consequential losses connected with any aspect of this event.

All entrants must take responsibility for their own health. If you have any medical conditions that may affect your participation in the Fire Walk, please consult your doctor before sending in your Application Form and entry fee.

You must disclose any medical conditions with us when registering to the challenge.

SPONSOR MONEY

By signing up to the St Barnabas Hospice Fire Walk you are agreeing to pledge a minimum sponsorship of £100 per person, if there is no sign of fundraising and you have not fundraised at least half of this by 18th September 2023 – St Barnabas Hospice has the right to remove you from this event.

This event comes at a cost to the hospice and the reg fee has been applied to help cover these costs, along with the sponsorship fee that will allow us to continue support adults in Lincolnshire with a life limiting or terminal illness.

If you don't wish to ask your friends and family for sponsorship, there is also the option to self-fund which can be paid when registering.

To help support you with your fundraising, supporting documents and information will be provided to you by the event lead. For example, our top 10 fundraising tips and how to personalise your JustGiving page, allowing you to reach more people.

PHOTOGRAPHS

Any photographs taken at the Fire Walk may be used in future publicity. By registering you agree to us using your photograph. If you do not agree please let the photographer know on the day.

ACCEPTANCE OF RULES AND CONDITIONS

By registering you agree to follow the rules and conditions of the Fire Walk. When your entry has been received you will receive confirmation that your entry has been accepted.