



St Barnabas
Hospice • Care • Support



**Building a new home for hospice
care in South Lincolnshire**

Our new Hospice Wellbeing Hub will be known as “Novak House” – in recognition of the local man who made it possible.



My dear friend Stefan Novak was a wonderful, brilliant individual. Born and raised in Lincolnshire, he lost his eyesight at a very young age; but this didn't stop him from having a full, happy life and a successful career in banking. I knew Stefan for most of his life – and he never stopped amazing me with his positivity and desire for life.

Stefan met his wife Lynn when she was working as an air hostess – and they immediately became inseparable, the most loving couple you could ever have met. When she was diagnosed with cancer in the early 2000s it was devastating – but Stefan remained by her side until her final moments, spent in their local hospice located a few miles from Gatwick airport.

After Lynn's death Stefan returned home to Lincolnshire and I knew from long hours talking to him how moved he had been by the exceptional hospice care Lynn had received. I was proud to remain his friend through to Stefan's final days – but I was amazed to learn of the incredible gift he left in his will to St Barnabas. Stefan wanted as many others as possible to know the same compassionate care Lynn and he received when they really needed it – and I am so proud that his gift has made this new Hospice Wellbeing Hub possible. It is a fitting tribute to such a wonderful man.

Helen Anastassiou
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The new St Barnabas Wellbeing Hub in Boston will be the home of hospice care for everyone in South Lincolnshire for generations to come – but we need your help to complete the project.

St Barnabas has been caring for local people and their families for over 40 years. But the hospice is a charity, relying on donations and fundraising to pay for the care of three out of every five people we see.

But we have received no funding at all from government or the NHS for our new Hospice Wellbeing Hub. Our dream of creating a new home for local care will only be complete with the support of local people and organisations. We ask all in South Lincolnshire to support this new build today – to create a magnificent resource for us all in the future.

Now please open up this leaflet to see the new Hospice Hub for yourself – and read how your support can help us to deliver a brilliant new home for local care.



**The home of
hospice care
for everyone**

The new St Barnabas Hospice Wellbeing Hub – the home for hospice care in South Lincolnshire

A bright space to welcome you to the Hospice Hub

Reception

Visitors to the new Hospice Hub will be welcomed into this bright, airy space. Comfortable furniture next to a living wall of lush plants will provide a pleasant space for patients and their loved ones to sit together while waiting to be welcomed into the Garden Room or one of the treatment or therapy rooms.

Rosie's lounge – the heart of the Hospice Hub

Rosie's – our new lounge and kitchen

The new lounge – “Rosie's” – will be the vibrant heart of our new Hospice Hub. This will be the room where everyone gathers – patients, family members, staff and volunteers. It will be a social space, open every day not just to those accessing care, but to everyone in our community who just wants to come for some social interaction over a pot of tea.

Brand new for us will be the adjoining kitchen which will also provide a vital training resource – we will use it as a ‘training kitchen’ to help recovering patients to be self-sufficient at home once more.

In memory of Rosie Wood

Rosie died of COVID-19 in the autumn of 2020. We lost a cherished and valued colleague and friend. But South Lincolnshire lost a dedicated public servant, someone who had nursed thousands of local people over her 30+ year career. Our new lounge, “Rosie's”, will be named in her honour – and we will ensure it is the bright, friendly, happy place we know she would have loved.

Treatment and therapy rooms

Our new building will contain several dedicated rooms where we can provide a range of treatments and therapies, in a private and well-equipped space. Therapies will include a range of relaxation therapies designed to bring a sense of wellbeing to patients and to those caring for them. For the first time we will have a dedicated occupational therapy room – where patients recovering from treatment can build their muscles once more, practicing skills like climbing a set of stairs.

Garden Room

The Garden Room is a multi-functional space that will be in use almost every day. Here, we will hold therapy groups and exercise sessions. We will have counselling services and quiet space to meet with the Wellbeing Team, groups to bring people who are caring for their loved ones together, living well classes and quizzes – our own mini village hall! The large opening doors will open out onto our beautiful garden and so, when the weather allows, we will be able to bring fresh air and sunshine inside.

This is the new home for local hospice care that can build for our community – with your help.



**Compassionate,
dedicated
nursing care
to local people**

The new purpose-built St Barnabas Hospice Wellbeing Hub in Boston will serve the people of South Lincolnshire living with a life-limiting or terminal illness. St Barnabas has proudly offered compassionate, dedicated nursing care to local people and their loved ones for 40 years; this new Hub will deliver the very best expert care for generations to come.

We believe that everyone has the right to a good death. St Barnabas' vision is to provide a range of hospice care services to make that goal possible for all in Lincolnshire, irrespective of wealth or location.

Our mission is to be able to positively affect the end of life experience for everyone in our community. This new Hospice Hub in Boston offers a huge lift to the care we will be able to offer the most poorly patients in the South of our county.

The new Hub, completely funded by charitable donations, will be a resource for our entire community. And so, we ask everyone in that community, if they can, to make their own contribution, by donating to the Hospice Wellbeing Hub Appeal today. To donate, or to find more information, please go to **www.StBarnabasHospice.co.uk/BostonAppeal**



Find out more at
StBarnabasHospice.co.uk/BostonAppeal

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