



# St Barnabas

Hospice • Care • Support

## About Us



Find out more at  
[StBarnabasHospice.co.uk](http://StBarnabasHospice.co.uk)

 @StBarnabasLinc  StBarnabasLinc

## About Us

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### About Us

St Barnabas Hospice is a local independent charity which supports more than 10,500 people across Lincolnshire each year.

We deliver free, high-quality, compassionate end-of-life care and support to adults with a life-limiting or terminal illness, their family and carers.



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### Day Therapy

Day Therapy offers a range of clinical, emotional and spiritual support services in a friendly and relaxed atmosphere.

You will have access to a team of nurses, occupational therapists, physiotherapists, health and rehabilitation support workers, chaplains and volunteers.

At Day Therapy, the Hospice will support you through a wide range of therapies and activities. These can be done with other people in similar circumstances. We aim to help improve the quality of your life whilst maintaining your independence.

### Overview of services and therapies available:

- Assessment of individual health and social care needs
- Plan of care based on individual needs
- Physiotherapy
- Occupational therapy
- Symptom control advice
- Mobility and exercise advice
- Access to welfare and benefits advice
- Spiritual support
- Complementary therapies
- Social activities
- Creative therapy e.g. arts, crafts etc.

For more information about our Day Therapy services call **0300 020 0694** or email **[enquiries@stbarnabashospice.co.uk](mailto:enquiries@stbarnabashospice.co.uk)**.

### How you can get involved

We rely on the support of our local community to ensure that we can be there for more patients, their families and carers each year.

### Want to get involved?

Contact our Fundraising team on **01522 540 300** or email **fundraising@stbarnabashospice.co.uk**



### House clearance

We also offer a full house clearance service across Lincolnshire. Our team will assess each property and all items removed will be sold in our shops or recycled. Call **01522 559 500** or email **houseclearances@stbarnabashospice.co.uk** for a free quote.

### What will you find?

Shop at one of our 26 shops across Lincolnshire each stocked full of clothes, accessories, household items and much more! Or go online to **StBarnabasHospice.co.uk** or **eBay.co.uk** for our handpicked one-of-a-kind items.

Find your nearest shop at **StBarnabasHospice.co.uk** or email **shops@stbarnabashospice.co.uk** or call **01522 559 500** for more information.

### Play our Hospice lottery for a chance to win up to £7,000!

Our lottery is a fun way to make a regular contribution to the work of St Barnabas Hospice. Go online to sign-up today and start winning great prizes.

Call **01522 546 500**, email **lottery@stbarnabashospice.co.uk** or visit **StBarnabasHospice.co.uk/lottery** to join!



**27**

**12**

**34**

## Volunteer for St Barnabas

At St Barnabas Hospice we rely on a team of 1,000 volunteers who give up their time to support us in many different roles. These include helping out on the ward, administration, retail and fundraising.




### Thinking of volunteering?

Contact our Volunteer Team on **01522 518 221** or email **volunteering@stbarnabashospice.co.uk**

### Our Mission

is to ensure all individuals facing the end of their life in Lincolnshire receive dignified, compassionate care when they require it and where they ask for it.

### Key

-  Shops
-  Inpatient Buildings
-  Day Therapy

## Fundraise for St Barnabas

There's so much you can do to get involved:

- Leave St Barnabas Hospice a gift in your Will – one in five patients are cared for by gifts left in a Will
- Go to our website to find an event near you
- Donate unwanted gifts to be used in our raffles and tombolas
- Nominate us as the Charity of the Year at your place of work
- Sponsor a Hospice event
- Organise your own event – contact us for your FREE fundraising guide
- Set up a regular monthly donation.



## Hospice at Home

Many of our patients want to spend their last moments in their own home. The Hospice at Home team support this choice and work 365 days a year to care for patients in their own home.

**The Hospice at Home team offer specialist care including the following:**

- Help and advice with controlling pain and symptoms
- Practical advice
- Psychological, emotional and spiritual support
- Personal care.

For more information about Hospice at Home services in your area call **0300 020 0694**.

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## Inpatient care

Round the clock nursing care is delivered from our Inpatient Units in Lincoln and Grantham. These bright, homely units offer palliative and end-of-life care for people whose conditions are serious or complex enough to require specialist care.

For more information about Lincoln contact **01522 511 566** or email **enquiries@stbarnabashospice.co.uk**.

For more information about Grantham contact **01476 464 988** or email **enquiries@stbarnabashospice.co.uk**.

## Bereavement Support

St Barnabas is not just there for the patient – we're also a vital source of support and care for family members and loved ones.

### Our bereavement service

- Deals with all bereavements, not just those through illness or those who have accessed any of the services provided by St Barnabas
- Is friendly, independent and provides an experienced ear to talk to
- Takes referrals from everyone. You can ask for help yourself, your family or friends may ask us to support you or might be referred by health and social care professionals.

You can self-refer to the Family Support Service by contacting **0300 020 0694**, or a referral can be made on your behalf by a family member, carer, friend or other care professional.

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## Welfare and benefits advice

Living with a life-limiting or terminal illness, or caring for someone who is, can lead to serious financial problems. Our Welfare Services Team can help you understand what financial help is available.

Contact our Welfare Services Team on **01476 513 544**.



In case of concerns or  
complaints, please contact:

**The Chief Executive's Office  
St Barnabas Hospice  
36 Nettleham Road  
Lincoln  
LN2 1RE**

**01522 511 566**

Or, Lincolnshire Patient Advice and Liaison  
Service (PALS) on **0845 602 4384**



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#### **Alternative language copies available:**

If you would like this information in another language or format,  
please contact Marketing on **01522 559 504**

Aby otrzymać te informacje w innym języku lub formacie, prosimy  
o kontakt z działem marketingu pod numerem **01522 559 504**

Jei norėtumėte gauti šią informaciją kita kalba ar formatu, prašome  
kreiptis į Rinkodaros skyrių tel **01522 559 504**

Ja vēlaties saņemt šo informāciju citā valodā vai formātā, lūdzu,  
sazinieties ar Mārketinga nodaļu pa tālruni **01522 559 504**

Dacă doriți să aveți această informație în altă limbă sau alt format,  
vă rugăm să contactați Marketing la **01522 559 504**

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St Barnabas Hospice Trust (Lincolnshire)  
registered address:

**36 Nettleham Road  
Lincoln  
LN2 1RE**

**01522 511 566  
[enquiries@stbarnabashospice.co.uk](mailto:enquiries@stbarnabashospice.co.uk)  
[StBarnabasHospice.co.uk](http://StBarnabasHospice.co.uk)**