



St Barnabas
Hospice • Care • Support

Clinical
Services

**Lincoln
Inpatient
Unit**



Find out more at
[StBarnabasHospice.co.uk](https://www.StBarnabasHospice.co.uk)

[@StBarnabasLinc](https://twitter.com/StBarnabasLinc) [f StBarnabasLinc](https://www.facebook.com/StBarnabasLinc)

Lincoln Inpatient Unit

About us

St Barnabas Hospice is a local independent charity which supports more than 9,000 people across Lincolnshire each year. We deliver free, high-quality, compassionate end-of-life care and support to adults with a life-limiting or terminal illness, their family and carers.

What to expect at the Inpatient Unit

As a patient you may come into the Inpatient Unit for different reasons; you may need help to control pain or symptoms, or for care at the end of your life.

How to be referred to the Inpatient Unit

Referral to the Inpatient Unit is via a healthcare professional such as your GP, specialist nurse, community nurse or hospital.

Length of stay at the Inpatient Unit

This is different from patient to patient and it is not a long stay Unit. The average length of stay for most patients is two weeks. This could be longer depending on the reason for your admission and your ongoing need for hospice care.

What is the Inpatient Unit like?

The Unit has a mixture of single rooms and four-bedded bays. You will be allocated a single room or a bed in a bay according to your nursing need, preference and bed availability. Some of the bed spaces can open out onto the garden terrace. During your stay nurses, health care support workers, physiotherapists, occupational therapists, doctors and other healthcare professionals will care for you.

There are also volunteers who help with things like making drinks for you.

What to bring to the Inpatient Unit

Please bring all the medicines that you are currently taking, including any over the counter or alternative therapies.

You will also need to bring the following:

- Night clothes
- Day clothes
- Toiletries, including soap, a toothbrush, toothpaste, shampoo and conditioner
- Glasses/hearing aid/dentures
- Things to occupy you, such as books, magazines, mobile phone or laptop – there is free WiFi available
- A small amount of money to purchase items such as newspapers, which can be ordered at reception

Personal property

We do have a small safe for valuables, but would advise you to leave large sums of money or jewellery at home. You will have access to a lockable drawer by your bedside.

Please note: St Barnabas Hospice accepts no responsibility for the loss of, or damage to, personal property of any kind, in whatever way loss or damage may occur.

Smoking policy

The Hospice is a no smoking building and supports a no smoking policy. However, smoking is permitted in the lower garden away from the terraced area. Please note that patients are not permitted to smoke whilst outside in their bed or if oxygen is being administered. For safety, the Hospice is locked from

10pm each night and patients and visitors are asked not to smoke after this time.

What happens at meal times?

We do our best to cater for your individual preferences, so ask for what you fancy. Breakfast is served every day from 8am onwards with a choice including a cooked breakfast, cereals or toast. Lunch will be served between 12pm and 1pm from an à la carte or set menu. Remember, if there is nothing that appeals to you, our kitchen staff are happy to accommodate any preferences whenever possible. Your evening meal will be served between 5pm and 6pm.

If you are on a special diet or have specific dietary requirements, please tell us so that we can prepare a meal that suits you. Meals can be enjoyed by your bed space, in the patient dining area or outside on the terrace. Light snacks and drinks are also available at any time during the day or night.

Are there visiting hours?

Visitors are welcome to visit at any time, however in the early morning we ask that they respect the need for patients to receive personal care. We do have daily quiet time from 2pm to 3.30pm to allow you and the other patients to rest, so visitors are asked to avoid this time. We request where possible that there are no more than three visitors around the bed space at any one time.

Children are welcome to visit the Hospice and there is a designated play area within the conservatory. Children must be supervised at all times. Your pets can also



be brought in by prior arrangement with the nurse in charge.

Can visitors stay overnight?

Yes, visitors are permitted to stay overnight should your condition make it necessary or if there are travel issues. There is a relative's room equipped for sleeping, and recliner chairs and z-beds if your visitors would rather stay by your bedside.

Can visitors purchase meals and drinks?

During the daytime, your visitors can order a variety of light meals from the reception for a small charge. This can be done prior to their visit or upon arrival. A light complimentary breakfast will be offered to visitors who have stayed overnight at the Hospice.

Where can visitors park?

St Barnabas Hospice is situated in the historic centre of Lincoln, therefore parking is limited. We do have some visitor marked parking areas within the Hospice grounds, but when these are full, visitors are encouraged to take advantage of the on-street parking nearby.



In case of concerns or complaints, please contact:

**The Chief Executive's Office
St Barnabas Hospice
36 Nettleham Road
Lincoln
LN2 1RE**

01522 511 566

Or, Lincolnshire Patient Advice and Liaison Service (PALS) on **0845 602 4384**



Alternative language copies available:

If you would like this information in another language or format, please contact Marketing on **01522 559 504**

Aby otrzymać te informacje w innym języku lub formie, prosimy o kontakt z działem marketingu pod numerem **01522 559 504**

Jei norėtumėte gauti šią informaciją kita kalba ar formatu, prašome kreiptis į Rinkodaros skyrių tel **01522 559 504**

Ja vēlaties saņemt šo informāciju citā valodā vai formātā, lūdzu, sazinieties ar Mārketinga nodaļu pa tālruni **01522 559 504**

Dacă doriți să aveți această informație în altă limbă sau alt format, vă rugăm să contactați Marketing la **01522 559 504**

St Barnabas Hospice Trust (Lincolnshire)
registered address:

**36 Nettleham Road
Lincoln
LN2 1RE**

**01522 511 566
enquiries@stbarnabashospice.co.uk
StBarnabasHospice.co.uk**

 @StBarnabasLinc  StBarnabasLinc

Registered Charity No. 1053814