

Virtual Marathon FAQs:

What is the minimum sponsorship for this challenge?

The minimum sponsorship we ask for is £26 per entry. This works out at just £1 a mile!

Why do I have to pay a registration fee?

We ask for a £5 registration fee from each individual/team signing up to the Virtual Marathon, in order to cover admin, printing and postage costs. This means that every bit of your sponsorship money can go to securing the care and support St Barnabas provides.

How long do I have to complete my marathon?

The great thing about the Virtual Marathon is that you can do it in a time frame that works for you. When you sign up you will be given the opportunity to choose to complete your marathon in a day, week or month.

How do I track my miles?

Firstly you will need to know how many miles you have undertaken on each journey. To find this out we recommend using google maps or a local ordinance survey map. Once you have this information, you can keep a log of your progress on the tracking sheet included in your pack, or on our downloadable tracker available on our website.

Where do I send my sponsorship form/money?

You can either bring it in to our Cardinal Close office, or send it to **St Barnabas Fundraising, 12 Cardinal Close, Lincoln, LN2 4SY.**

Do I still need to send in my sponsorship form if I am using Just Giving?

Yes please. We need to know the details of your Just Giving page in order to match it to your Virtual Marathon profile so please fill in the details on your form and return it to the above address.

Do I have to run it?

In short, no. You can run, walk, jump or ride your way to the 26.2 mile finish line.

Can I complete it as part of a team?

Yes, we encourage both individuals and teams to participate in the Virtual Marathon.

If I am taking part in a team, do we all have to complete the 26.2 miles?

If you are taking part in a team, you have the option of 'sharing' the miles between members. This means that collectively you will complete the marathon as a team, but it takes some pressure of those who may not be able to do all 26.2 miles.

Can my dog take part?

Yes. Walking your dog is a great way to rack up those miles without even realising. If you have a furry friend taking part in the challenge, please remember to send us photos to fundraising@stbarnabashospice.co.uk.

How do I get my friends involved?

There are so many different ways you can get others involved in the Virtual Marathon challenge. Try sharing your progress on social media- it's a great way to get people interested in your marathon. You can also spread the word and let people know how they can sign up to complete their own challenge.