



St Barnabas
Hospice • Care • Support

**Support your
local hospice
service with a
regular gift**

Help us to care
for people near
you every day
of the year



Find out more at
StBarnabasHospice.co.uk



@StBarnabasLinc



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St Barnabas

your local hospice service

St Barnabas Hospice has served the people of Lincolnshire since 1982. Our dedicated, professionally trained nursing staff – with the help of a large team of support staff and volunteers – offer everyone in our community the chance to receive the very best care available at what is often the most difficult time in their lives.

Our ambition, for every patient we meet, is to enable them to live their life as fully as they are able for however many days, weeks or months they have left. We are there to provide specialist medical advice, but also emotional and practical support. We try to relieve pain, stress and worry – and allow those reaching the end of their days to spend quality time with those they love. We try to care for everyone we meet as if they were our own loved ones.

“What I love is that every single member of our team is so passionate about care.”

.....
Louise Garwood, Deputy Team Leader

Skegness

St Barnabas Lincolnshire Hospice is a charity and the majority of our care is funded directly by voluntary donations from our community. Here, we want to show you the range of our work and the difference we make to so many people's lives; and, how you can help us to be there for more local people in the future by setting up a small, monthly regular gift.

Hospice care

for everyone in Lincolnshire

Our hospice services are available to every family in Lincolnshire, the largest county in the UK. Wherever you are, there's a St Barnabas nursing team working in your area, supporting people in your community.

“People often feel able to talk to us when they can't share those same feelings with their families.”

.....
Cathy Wattam,
High Level Staff Nurse
Louth

“It's an honour and a privilege to be allowed into someone's home at such a private, personal time.”

.....
Carol Smith,
Deputy Team Leader
Boston



Hospice at Home

bringing St Barnabas' care directly to our patients

Most of our patients tell us that they would prefer to spend their last days at home. It's somewhere familiar, where they feel safe and secure and where they can be with their loved ones. Our Hospice at Home team allows people to have that wish – by bringing all of our knowledge and expertise right into our patients' homes.

Our highly trained nursing specialists are there to manage the medical needs of our patients – but also to provide the 'human touch' for which St Barnabas is so well known. Their focus is not just the patient, but the whole family. Our nurses offer a listening ear, practical advice and support; or even sometimes just a comforting arm around a shoulder.

£12

per month will help to pay for the care our Hospice at Home team offers to your community

Our nurses work tirelessly, every day of the year, to give patients the chance to reach the end of their life without pain, in peace and with dignity.

A regular gift will help them to bring our unique care to more people near you.

"I think we enable patients to achieve things, even right towards the end, that they just couldn't without our help."

.....
Mandy Irons,
General Manager
Spalding

"Lincolnshire is a big place – but we can still say 'Wherever you are, we'll care for you'"

.....
Fran Tanser, Health Care
Support Worker
Sutton on Sea





"Good hospice care
'stretches' time – we can
add days, weeks or months
of good time to lives."
.....

Claire Storry,
Deputy Team Leader
Mablethorpe

£8

per month will help
to pay for people near
you to access vital
therapy and support

Day Therapy

helping patients to live better, for longer

Many people diagnosed with a terminal health condition will still be able to enjoy many months or even years of good-quality living – if they can have access to the right care and support. Our Day Therapy services are available to everyone we care for. We operate some centres directly ourselves, others we operate as joint projects with local health services.

Each patient's needs are different. Some get real benefit from specialist physiotherapy or occupational therapy – perhaps to strengthen muscles after a long stay in hospital. Others come for the complementary therapies we offer, such as pain-relieving massage, acupuncture or aromatherapy.

Many patients re-kindle a love of art or music and can spend their time creating new pieces or remembrances to hand down to their families. But all who come to our Day Therapy centres benefit from meeting others who are on a similar journey by sharing their experiences with the only people who can really understand.

Your regular monthly gift will help us to open the doors of a Day Therapy centre near you to more people, giving them the help and care they need to get the most from every day.

"People are often really surprised at the choices we can offer them – there's so much more living they still have left."
.....

Sue Scully,
Deputy Team Leader
Gainsborough

Specialist In-Patient care, the very best available

We provide dedicated In-Patient Care at our centres in Lincoln and Grantham. These bright, homely centres offer highly specialist residential end-of-life care for people – right across Lincolnshire – whose conditions are serious or complex enough to require intensive, round-the-clock nursing care. Our centres are warm, non-clinical places of care, with no strict rules or set visiting times, even pets are allowed!

£18

per month will help to fund the exceptionally specialist care some of our patients need

The patients we welcome to our hospice In-Patient Units are increasingly those with highly complex conditions, often people with multiple terminal diagnoses. Also, over the last few years, we have seen a significant increase in patients living with dementia. The medical needs of these patients present us with enormous challenges. But, our goal remains the same – to alleviate their symptoms as much as we can and allow each person to live their life as fully as they are able.

Our In-Patient nursing teams work 365 days of the year, 24 hours every day.

Your regular gift will give them the support they need, helping them to welcome more seriously ill people into a welcoming, positive care environment.

"Our hospice buildings are lovely places to be. So light and airy, windows looking out over the garden. Patients love those views."

.....
Judy McLaughlin,
Deputy Team Leader
Grantham

"It's wonderful when we can help someone to feel so much better that they can go home again – that's a real victory for everyone."

.....
Mary Willis, Staff Nurse
Lincoln



Family Services

supporting those left behind

St Barnabas is not just there for the patient – we're also a vital source of support and care for family members and loved ones. Our large team of Family Services staff and trained counselling volunteers are there to give emotional support – but also practical help where that's needed. Our Welfare team helps hundreds of families each year with the financial problems that can often arise.

"It's great that so many families come back to see us – we're often as close to them as we are to our patients."

.....
Hannah Bradley,
High Level Staff Nurse
Sleaford

£6

per month will help pay for crucial counselling support

We cannot change the journey; but our knowledge and expertise, built up over more than 30 years of caring for our community, can help that journey to be as stress free as possible – for everyone involved.

Your regular gift will enable our counselling and support teams to continue to offer their time to family members and loved ones who are going through the most difficult of times.

"Sometimes our patients are in really remote places. But we'll get there – we always do."

.....
Sheena Ambler,
Deputy Team Leader
Bourne



Set up a regular gift

to St Barnabas today and help us to care for more patients and families near you, every day of the year

Our hospice is part of the community and we are totally reliant on the financial support our community provides. Every day we meet another patient, another family, for the first time and it's vital that we have the funding in place to pay for the care they will need.

Please, take a moment to set up your regular gift today, and help St Barnabas to provide passionate, dedicated, expert care to people near you at the most vulnerable time of their lives.

Thank you.

One of the best ways to support St Barnabas is through a monthly gift by Direct Debit. This gives us the regular, predictable income we need to plan our care services efficiently – and is also an easier, more affordable way for you to help our hospice service.

I would like to help St Barnabas reach more people near me, every day of the year.

1. Please accept my gift of:

- ☐ £12 per month, which will help to pay for Hospice at Home care in my community.
- ☐ £18 per month to fund specialist, dedicated In-Patient care.
- ☐ £8 per month, which will allow people near me to access vital Day Therapy care.

OR

- ☐ My own choice of amount £_____
- ☐ Monthly (£2 per month minimum please) ☐ Quarterly ☐ Annually

2. Instruction to your Bank or Building Society to pay by Direct Debit

St Barnabas Lincolnshire Hospice,
12 Cardinal Close, Lincoln LN2 4SY

Name(s) of Account Holder(s)

Bank/Building Society account number

--	--	--	--	--	--	--	--

Branch Sort Code

--	--	--	--	--	--

Name and full postal address of your Bank or Building Society

To: The Manager	Bank/Building Society
Address	
Postcode	

Originator's Identification Number

5	0	7	5	5	8
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Reference Number (For office use only)

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Instruction to your Bank or Building Society

Please pay St Barnabas Lincolnshire Hospice Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with St Barnabas Lincolnshire Hospice and, if so, details will be passed electronically to my Bank/Building Society.

Signature(s)

--

--

Date

--

Banks and Building Societies may not accept Direct Debit Instructions for some types of account.

If you already have a regular gift set up by Standing Order, please cancel this directly with the bank – we cannot do that for you.

3. Please complete your personal information below:

Title:	First Name:	Surname:
Address:		
		Postcode:
Telephone:		Email:

Please tick here if you are happy for us to contact you by e-mail ☐

Please cut out and keep the direct debit guarantee below and turn over to tell us if you're able to gift aid your donations, making them worth an extra 25%!



The Direct Debit Guarantee

This guarantee should be detached and retained by the payer



- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit St Barnabas Lincolnshire Hospice will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request St Barnabas Lincolnshire Hospice to collect a payment, confirmation of the amount and date will be given to you at the time of the request.

- If an error is made in the payment of your Direct Debit, by St Barnabas Lincolnshire Hospice or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society – If you receive a refund you are not entitled to, you must pay it back when St Barnabas Lincolnshire Hospice asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

4. Boost your donation by 25p of Gift Aid for every £1 you donate

In order to Gift Aid your donation, please tick the relevant boxes below:

☐ I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want St Barnabas Lincolnshire Hospice to reclaim 25p of tax on every £1 that I have given:

☐ on this date, in the past 4 years and in the future **OR**

☐ on this donation only

I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Signature:

Date:

☐ I am not a UK taxpayer

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Please notify St Barnabas Lincolnshire Hospice if you want to cancel this declaration, change your name or home address and/or no longer pay sufficient tax on your income and/or capital gains.

Funds raised will be used in accordance with the aims of the charity as set out in its governing document, namely to provide specialist palliative care and for pain management and symptom control.

Your personal data is protected by UK legislation, specifically the Data Protection Act 1998.

Your details are held on our database and we will contact you from time to time to inform you about the work of the hospice and/or about fundraising initiatives. We promise that we will never pass on your details to any third party. If you wish to stop or adjust the frequency or type of communications you receive from St Barnabas, you can simply call us on **01522 540300** or email us at fundraising@stbarnabashospice.co.uk ☐

5. Finally, please return this form to us:

Freepost RTJR-YUXB-XSJX, St Barnabas Hospice, 12 Cardinal Close, Lincoln LN2 4SY

Thank you!



St Barnabas Hospice
12 Cardinal Close, Lincoln LN2 4SY

T • 01522 540300

E • fundraising@stbarnabashospice.co.uk

Find out more at
StBarnabasHospice.co.uk

@StBarnabasLinc StBarnabasLinc

"Success for me is knowing that I've helped someone to live a better life, for longer."

.....

Janet Howitt,
Deputy Team Leader
Stamford



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